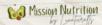


ORIENTAL COUSCOUS

Ingredients



- 1 red pepper
 - 200g of cooked Couscous or Quinoa@lunaticrafts
- 1 onion
- A bit of apple cider vinegar or lemon juice
- Chopped nuts
- A bunch of fresh Coriander
- · Chopped garlic
- 1 tsp Cayenne pepper
- Oatcakes to serve

Method



Cook the couscous following directions on the packaging. Chop the onion, garlic, nuts and coriander. Drain the quinoa if needed and mix everything together. Serve warm or cold with a little bit of lemon juice, olive oil and oatcakes.

